



2022/2023 Primary PE and Sports Premium

DFE Guidelines

Schools must use the funding to make additional and sustainable improvements in the quality of their physical education, physical activity and sport.

This means that schools should use the premium to:

Develop or add to the PE, physical activity and sport that the school provides

Build capacity and capability within the school to ensure that improvements made now will benefit pupils joining the school in future years

Schools should use the premium to secure improvements in the following 5 key indicators:

1. Engagement of all pupils in regular physical activity
2. Profile of PE and sport is raised across the school as a tool for whole-school improvement
3. Increased confidence, knowledge and skills of all staff in teaching PE and sport
4. Broader experience of a range of sports and activities offered to all pupils
5. Increased participation in competitive sport

Rationale:

Russell Street School is committed to enabling all pupils to achieve to the best of their abilities. As well as adopting healthy lifestyles we want our pupils to enjoy, regularly participate in and reach the highest sporting performance level they are capable of.

We use a team of specialist coaches as well as school staff to support in the delivery of Physical Education and physical activity. We have developed a programme of activity that aims to provide:

- A balanced programme of Physical Education & Physical Activity
- A model which focuses on personal achievement and improves physical and mental health
- An extra-curricular programme including after school clubs and inter school fixtures
- A training programme to up skill teaching staff and to deliver high quality physical education in school (CPD during curriculum time delivery)
- Comprehensive assessment processes
- Progressive lesson plans for individual sports starting from EYFS

Total projected expenditure: **£17,340**

Actual spend: **£17,653.39**

Total amount carried over from 2021/22	£0
Total amount allocated for 2022/23	£17,340
TOTAL	£17,340
How much (if any) do you intend to carry over from this total fund into 2023/24	£0
Total amount of funding for 2022/2023. To be spent and reported by 31st July 2023	£17,653.39

Academic Year: 2022/2023		Total fund allocated: £17,340		Date Updated: 21/7/23	
Key indicator 1: The engagement of <u>all</u> pupils in regular physical activity – Chief Medical Officers guidelines recommend that primary school pupils undertake at least 30 minutes of physical activity a day in school					Percentage of total allocation:
					%
Intent	Implementation		Impact		
<p>Continue to encourage greater levels of physical activity, empowering children to make positive healthy lifestyle choices:</p> <ul style="list-style-type: none"> - Ensuring all children are exercising daily (active break & lunch). - Increase the engagement of pupils in regular physical activity – 2 hours of P.E. lessons weekly, to include dance sessions from a specialist teacher (staff CPD) one afternoon per week in Year 2 classes. - Sustain engagement of children in physical activity by ensuring there is enough equipment for P.E. and playtimes to engage all pupils in regular activity. - Improve outdoor experience, and fine and gross motor skills in Early Years. 	<ul style="list-style-type: none"> - Active break within the classroom, as well as active lunchtimes taught by Sports Coaches introduced with a range of equipment available for pupils to enjoy using. - Timetables altered to ensure two hours of P.E. are taught weekly. 	<p>Funding allocated:</p> <p>Lunch Club taught by Sports Coach: Cost: £3,496.50</p> <p>Dance lessons 1 afternoon per week for an academic year Cost: £2,707.31</p>	<ol style="list-style-type: none"> 1. Increased access to and involvement in physical activities during lunchtime. Therefore, increased daily activity. 2. Positive attitudes towards health and fitness have developed as well as social and emotional well-being through physical activity. 3. Pupils concentration and coordination has improved. 4. Pupils stamina has improved. 5. Previously non-active children are more active. 6. Year 2 staff now feel confident to teach dance. 	<p>Sustainability and suggested next steps:</p> <ul style="list-style-type: none"> - Active classroom breaks and sports coaches leading lunch clubs to continue. - 2 hours of P.E. weekly to continue. 	
Key indicator 2: The profile of PESSPA being raised across the school as a tool for whole school improvement					Percentage of total allocation:
					%
Intent	Implementation		Impact		
Improve social skills, behavioural development and academic achievement	See all key indicators plus:		Funding allocated:	Sustainability and suggested next steps:	

<p>through access to broadened and improved physical education and activity provision, leading to increased health and well-being of children.</p> <p>Develop Forest School to establish key values of teamwork, resilience and perseverance.</p> <p>Raise the profile of Sports Day, therefore raising the profile of school sports and physical activity by holding a cross phase sports day using specialist sports coaches to support. Sports Day equipment to be purchased.</p> <p>Children to understand the benefits of healthy eating and exercise as part of our PHSE learning using Jigsaw.</p>	<p>Purchase key resources for staff to use to teach Forest School.</p> <p>- Work with the junior school and Sports coaches to ensure all children take part in a wide variety of events (track and field) during Sports Day.</p> <p>Use of Jigsaw to promote healthy and active lifestyles.</p>	<p>Costs £1,000</p> <p>Sports Coaches: 1 coach per practise sessions for 2 days & 1 coaches for the Sports Day Cost: £450</p> <p>Sports Day Resources Cost: £36.98</p> <p>Jigsaw costs: Cost: £ 355.10</p>	<p>Increased engagement in lessons and focus has been noted. Social skills have improved. There has been increased levels of independence and self-control.</p> <p>During the practise sessions, all children took part in at least 4 track events.</p> <p>Sports day was held at the same time as the junior school on their field.</p> <p>All children in school accessed the Jigsaw programme and understand the benefits of healthy eating and exercise.</p>	<ul style="list-style-type: none"> - Forest school to continue. - Sports Day to be repeated in this manner next academic year. - Jigsaw learning to continue.
<p>Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport</p>				<p>Percentage of total allocation:</p>
				<p style="text-align: center;">%</p>
Intent	Implementation		Impact	
<p>Improve the quality of P.E. delivery by staff across the school by bringing in a Sports Coach to support P.E. lessons and build the knowledge and confidence of staff. Sports coaches will work alongside school staff to ensure maximum engagement in lessons.</p> <p>(see the use of a specialist dance teacher in Key indicator 1 above)</p>	<p>- A selection of specialist Sports Coaches to work in school 1 day per week, alongside all staff to developing their P.E. knowledge and increasing their confidence in teaching P.E, and compiling a progressive skills overview.</p>	<p>COSTS of 1 day per week, 38 weeks per year. Cost: £5550</p>	<ol style="list-style-type: none"> 1. Improved physical development of all children. 2. Staff feel more confident to deliver P.E. lessons. 3. Staff have gained knowledge and feel more confident to deliver P.E. lessons. 4. More consistent approach to delivering P.E. across the school. 	<p>Sustainability and suggested next steps:</p> <p>Sports Coaches will continue to work in school to develop the skills of staff.</p> <p>A wider variety of dance clubs will continue to be offered.</p>

Key indicator 4: Broader experience of a range of sports and activities offered to all pupils				Percentage of total allocation:
				%
Intent	Implementation		Impact	
<p>A wide range of after school clubs to be offered. Disadvantaged pupil to be targeted to attend clubs.</p> <p>A broader range of activities offered to SEN children in order to support their regulatory, social and team work.</p> <p>A variety of external providers to enhance dance/physical activity in school: Indian and Irish Dancing workshops. Secondary students dance performances and mini workshops: Tap, ballet, modern.</p>	<p>Clubs on offer: Multi Sports Dodgeball Football Summer Sports Irish Dancing</p> <p>SEN sports regulation to be offered daily for 1 hour.</p>	<p>Cost: £ 0</p> <p>SEN regulation: Cost: £3,638.50</p> <p>Indian Workshop Cost: £419</p> <p>Irish dancing Workshop Cost: £0</p> <p>Secondary students: Cost £0</p>	<p>Pupils taking part have developed their skills in a range of sports and have seen their confidence and self-esteem grow.</p> <p>Availability for 20 pupils per club. Arrangement for 4x PP places per club.</p> <p>As part of a richer school week children have taken part in sport, music and cultural opportunities.</p>	<p>Sustainability and suggested next steps:</p> <p>Sports Clubs will continue to be offered during 2023/24</p> <p>As well as external providers visiting school, children will take part in activities outside of the school premises.</p>
Key indicator 5: Increased participation in competitive sport				Percentage of total allocation:
				%
Intent	Implementation		Impact	
Organise cluster sports events to provide pupils with competitive opportunities.	<p>Cluster schools have taken part in the following events:</p> <ul style="list-style-type: none"> - Football festival - Striking & Fielding festival - Athletics festival - Cluster Sports Day 	<p>See Key Indicator 2 above.</p> <p>Cluster festivals £ no charge</p>	<p>See Key Indicator 2 above.</p>	<p>Sustainability and suggested next steps:</p> <p>See Key Indicator 2 above.</p>