

# My Child is Starting Nursery

Information for Parents



1





## Excellent teaching gives children the life chance they deserve.

### Enjoyment

is the birthright of every child.

But the most powerful mix is the one that brings the two together.





### Introduction

At Russell Street School we understand how vital good communication between home and school is in order to ensure your child makes the best possible progress. This guide has been produced to play an important role in facilitating this partnership.

For your child to achieve their full potential it is vital that you support their learning and development.

This guide gives you a wealth of information about Nursery at Russell Street School, how you can help your child, how we develop and assess your child, useful websites and curriculum materials.



### Contents

School Information	5
Welcome	6
Vision and Values	7
Your Child's Day	8
Attendance	9
Uniform	10
Wrap Around Care	11
Welfare	12
Pastoral Care & Behaviour	13
Parental Involvement	14
Starting Nursery	15
Helping Your Child	16
Reading	18
Phonics	19
Handwriting	25
Writing	27
Maths	30
Relationships & PSHE Education	32
EYFS APPs	35
EYFS Websites	36

Early Years Foundation Stage Curriculum	38
A Typical Early Years Journey	39
Early Years Foundation Stage Assessment	40
Early Learning Goals	41
Development Matters	45
Key Skills Overviews	46

### **School Information**

Russell Street Stony Stratford Milton Keynes MK11 1BT Tel: 01908 563148 Website: www.russell-street-school.co.uk



Headteacher: Mrs D Robinson Deputy Headteacher: Mrs J Van Rooyen Assistant Headteacher: Mrs S Camp Safeguarding and Child Protection: Mrs D Robinson & Mrs Lydia Read

SENDCo: Mr D Thompson Deputy SENDCo: Mrs S Jeffery

School Business Manager: Mrs A Starr School Office Manager: Mrs S Ames

Chair of Governors: Dr N Sumpter

<u>Contact details:</u> Office Contact: <u>office@russell-street-school.co.uk</u> Nursery Contact: <u>nursery@russell-street-school.co.uk</u>

Admissions Contact: https://www.milton-keynes.gov.uk/schools-and-lifelong-learning/school-admissions primaryadmissions@milton-keynes.gov.uk Tel: 01908 253338 Civic Offices 1 Saxon Gate East Central Milton Keynes MK9 3EJ





### Welcome



Your child is an individual — they deserve a unique, personalised education.

A warm welcome to Russell Street School. We are a dedicated, hard-working, friendly team who work very closely together to support children's growth and learning.

We are an infant school situated in the heart of Stony Stratford. Choosing an infant school education ensures that you have a whole school team supporting your child who are dedicated to and specialise in the education of 3 to 7 years olds. We have extremely strong links with our local junior school, ensuring that there is a seamless transition into Key Stage Two.

Russell Street School was built in 1844 and moved into the present buildings in 1907. We are a Local Authority school that caters for the Early Years Foundation Stage (3-5 years old), which includes a nursery and reception classes and Key Stage 1 (5-7 year olds).

We have high expectations, inclusive approaches, an exciting bespoke curriculum and excellent teaching. We aim to create a happy, caring environment in which children develop self-confidence and independence; are encouraged to be considerate and show respect for others. Russell Street children are encouraged to work hard; have a positive attitude to learning and become confident in their own ability.

We are committed to working in partnership with our parents, the local and global community to develop our pupils' values for life alongside a broad range of skills that will prepare them for lifelong learning.



### Vision and Values of Russell Street School



Russell Street School children are **STARS** - Safe, Together, Achieve, Resilient, Special.

#### SAFE

'We all have the right to feel safe all the time. Nothing is so awful or so small that we cannot talk about it.' (RSS iSafe Programme).

#### TOGETHER

Highly supportive relationships are established based on mutual respect. Children make a positive contribution to society. They understand their rights and responsibilities as citizens and respect the beliefs and values of others.

#### ACHIEVE

Children achieve the best possible outcomes through the delivery of an exciting, ambitious curriculum built around progressive new skills and knowledge acquisition. Children have a strong desire to learn more and acquire the knowledge and cultural capital they need to succeed in life.

#### RESILIENT

Children demonstrate high levels of self-determination and control. Through a growth mindset attitude, children believe the impossible is possible.

#### **SPECIAL**

Children have access to a wide, rich set of experiences and have frequent opportunities to develop their talents and interests. Children feel an important sense of worth and belonging ensuring good mental health and well-being.



### Your Child's Day

8:50am Arrive and enter the nursery building.
11:50pm End of the Morning Session
12:50pm End of Lunch
2.50pm End of the day



All children will have access to water at all times. Please provide your child with a water bottle every day. We will send them home at the end of each session to be thoroughly cleaned.

#### Cool Milk Scheme

Milk is provided free of charge to all children under the age of five. Once your child becomes five, you are still able to order and pay for milk for your child. <u>To receive your child's free or paid for milk you must register with Cool Milk online.</u>

https://www.coolmilk.com

#### Snack

Children are provided daily with a free piece of fresh fruit.

#### Lunch

You can order a school meal provided daily by Essence Catering. All meals should be ordered online.

Please see the Essence Catering Website for further details:

www.essence-catering.co.uk

You may send your child to school with a packed lunch if you prefer. Packed lunches must contain only healthy choice food and should be sent to school in a clearly named lunch box. All food items should be nut free. Water is the preferred drink choice.

The Russell Street School website has many facts and figures that you may find useful www.russell-street-school.co.uk

### Attendance

Although your child is non-compulsory school age we need to know if they are not going to attend a session as this is part of our routine safe-guarding measures. Please inform the office about the absence of your child by 9.00 am. All unexplained absences will be followed up by the office. If your child has a medical appointment during the school day, please make sure you inform the school office and send evidence of the appointment (e.g. hospital letter) to the school e-mail address (office@russell-street-school.co.uk).

#### Holiday Absence during Term Time

As your child is non-compulsory school age you can take a holiday during the school term time. We would appreciate it if you could fill out a holiday form in advance. The holiday forms can be located in the foyer of the main school office.



### Uniform

Uniform is not compulsory in Nursery, however, if your child would like to wear uniform the following can be worn:

The school's uniform is as follows:

- Navy sweatshirts / cardigans (a logo is not required).
- White or light blue polo shirts.
- Grey, navy or black 'bottoms', e.g. trousers, shorts, pinafores, skirts.
- In the summer an optional extra of blue gingham dresses.
- Sensible footwear (flat and closed toed).
- A change of clothes for P.E. plimsolls, black shorts and a white t-shirt.
- No jewellery, other than plain stud earrings which should be taped on P.E. days.

Logo versions of school sweatshirts, cardigans and polo shirts are available from Maisies in Wolverton. <u>https://www.maisies-superstore.co.uk</u>

Second-hand uniform is available from the School Office. Please take donations of items of uniform to the School Office.

Please speak in confidence to the School Office if you need items of uniform at no cost. We will happily provide these.



Please name every item of your child's uniform and P.E. kit.

#### Lost Uniform

All unnamed uniform will be held in lost property boxes until the end of the half term and then will either be given to a charity collection or added to our second-hand uniform rail.

Nursery children will need to leave a labelled pair of wellington boots in school please.



### Wrap Around Care

# BEFORE AND AFTER SCHOLL CARE

We have a dedicated building in which to provide a safe and relaxed social environment for the start and the end of the school day for those families who require before and after school care provision.

#### Before and After School Care is run by Premier Education.

For further information or to book a place, please go to <u>www.premier-education.com</u> or see our school website.

Club

Monday to Friday	7.30am - 8:40am	Breakfast Club
	<b>2</b> <i>i</i>	After School

3pm - 6pm

When your child finishes their session with Premier they are brought to the Nursery building where they start their day with the Nursery team.

Please note that for After School Club you can chose either a 5pm pickup or a 6pm pickup.

### Welfare

Russell Street School is committed to Safeguarding and promoting the welfare of children and expects all staff and volunteers to share this commitment. The Health & Safety of all children is paramount.

Parents and carers expect the school to provide a safe, secure and caring environment in which their children can flourish. To meet this expectation, the school implements a wide range of measures and policies, including the school's Safeguarding & Child Protection policy and Health & Safety policy.

#### **Child protection**

Our first priority is your child's welfare. The law requires schools to report any obvious or suspected cases of child abuse. We will do this in every case.

#### **Administering Medicines**

Only medicines prescribed by a doctor can be administered in school. If your child requires prescribed medication during the day, it should be handed to the member of Nursery staff on the Nursery door at the start of the day. A medical consent form must be completed and signed stating the precise dose and time for the medication to be given. Medication <u>must</u> be clearly labelled with your child's name. Antibiotics will be administered if your child requires 4 doses a day.

#### **Bumped Heads**

If your child has a bump to the head during the course of the school day, your child will bring home a bumped head note. If the bump is significant, a member of staff will call you to let you know.

#### **Keeping Your Child Safe**

The following websites can support you in keeping your child safe.

NSPCC

https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/pants-underwearrule/

#### E-Safety

https://www.thinkuknow.co.uk/



### Pastoral Care and Behaviour

We provide a caring environment in which people and property are respected. We are committed to '**Restorative Practices'**; helping the children to understand the impact that their choices have on the community around them. We use daily circle times to build strong relationships and communities. The focus of the school's behaviour policy is on the positive reinforcement of expected behaviours. Courtesy, consideration and self-discipline are expected and encouraged at all times. We give children clear, consistent guidelines and boundaries for behaviour in school and encourage parents to support us in this at home.

Bullying is not tolerated. All allegations of bullying are taken seriously and dealt with as appropriate. Both the bully and the victim are counselled and given support.

If necessary, 'time in' with an adult in Nursery in line with the school's Behaviour Policy. Where a child's behaviour is a serious or persistent cause for concern, the parents are formally involved and invited to school to discuss how their child's challenges and needs can be supported. The school will liaise with outside agencies if expert support is required.



All classes use the Colour Monster books and materials to teach children emotional literacy vocabulary so that chidren can name emotions, talk about emotions, recognise emotions in others, learn strategies to regulate their emotions. By using these materials all children have a fully understood way of sharing their emotions and will develop a large set of emotional vocabulary to enable them to do this successfully.



Our school's behaviour culture creates a calm environment which will benefit pupils with SEND, enabling them to learn. We understand that some behaviours are more likely be associated with particular types of SEND, such as a pupil with speech, language and communication needs who may not understand a verbal instruction. Behaviour will be considered in relation to a pupil's SEND.

There is a focus on intrinsic awards. Teaching staff give meaningful praise and 'catch the children being good'.

Birthdays are celebrated in classrooms. Please inform the office if you do not celebrate birthdays. As a healthy school, we do not give out sweets etc on birthdays. If you would like your child to give something to their friends, stickers or a book for the class to share are welcome.





### Parental Involvement

A close partnership between school and parents is vital to a child's educational progress. There are regular Parents' Consultation evenings arranged so that parents can discuss their child's progress with the teaching staff. In Nursery we use **Evidence Me**, which is an assessment, observation and reporting app. It shows the impact of children's learning by capturing learners' experiences and monitoring their development. This will be sent out halftermly. Parents are welcome to contact the Nursery Leader or Headteacher if any concerns arise during the school year.

Every week you will receive a weekly newsletter in the form of a Sway detailing your child's year group learning. Dates, reminders, key messages and ideas to support your child's learning are all contained within this weekly Sway. Sways can be found here - <u>https://www.russell-street-school.co.uk/website/news/222141</u>

Every half term you will receive a newsletter from the Headteacher detailing all dates and key information for the whole half term. Newsletters can be found here - <u>https://www.russell-street-school.co.uk/website/newsletters/627720</u>

If you have any questions about school, please email the school office directly: <u>office@russell-street-school.co.uk</u>

Or if your question Nursery based, please email: <u>Nursery@russell-street-school.co.uk</u>

### Parents' Association

The Parents' Association is a charity, run by parents, which exists to raise money for the school and to bring the parents of the school and community together. The PA regularly pays for extra books for the library, the water coolers and extra toys for classrooms. It also raises money for additional extras like the climbing frame in the playground, the library refurbishment and play equipment.

The PA is made up of parents and relies on parents volunteering to man stalls at the School Fete or to help out at after-school events. Parents can get involved by helping to plan events, matched funding if their employer operates such a scheme, donating prizes to school events, buying the fundraising products made by children such as tea-towels or Christmas cards and giving their time to help out at events.

Volunteering is fun and rewarding. Events benefit your child in providing an occasion for them to remember as well as money to buy equipment that will enhance their school experience.



### Starting Nursery



Starting Nursery is an exciting time for you and your child. We will do everything possible to ensure your child is happy, feels secure and develops a thirst for lifelong learning.

You can support your child's transition into Nursery by talking positively about how exciting it will be to meet other children and to learn new things.

Some books which discuss starting Nursery that you could read to your child are:





### Helping Your Child



#### Use pretend play to explore the idea of Nursery.

Take turns being the parent, child, and key-worker. Act out common daily routines, such as saying good-bye, taking off your coat, singing songs, reading stories, having Circle Time and playing outside. Reassure your child that Nursery is a good place where they will have fun and learn. Answer your child's questions patiently. This helps children feel more in control which reduces their anxiety.

#### Read books about Nursery.

Share books with your child over the summer before Nursery starts. Talk about the story and how the characters are feeling. Ask how your child is feeling.

#### Make a game out of practising self-help skills.

These skills include unzipping their coat, hanging their coat on a hook and fastening their shoes. For example, you might want to have a "race" with your child to see how quickly your child can put on their shoes. When you play Nursery together, you can give your child the chance to practise taking off their coat, and sitting "cross-legged." If your child will be bringing lunch, pack it up one day before Nursery starts and have a picnic together.

#### Worries

#### Listen to your child's worries.



As a school we use 'The Colour Monster' story to help children to express their emotions. Once the children have been read the story and are familiar with the different emotions we introduce the colour monsters as a self-registration tool. The children place their photo card on which emotion they are feeling on arrival. This book could be shared at home in preparation for starting Nursery and to help your child communicate how they are feeling.

Although it's tempting to quickly reassure your child and move on, it's important to let your child know that their worries have been heard. No matter what they are, big or small, children's worries about Nursery can significantly influence their experience there. Will you remember to pick me up in the afternoon? Will the grown-ups be kind?

Let your child know it's normal to feel happy, sad, excited, scared, or worried. Explain that starting something new can feel scary and that lots of people feel that way. It can be helpful to share a time when you started something new and how you felt. When you allow your child to share their worries, you can help them to think through how to deal with them. For example, if your child is worried about missing you, you can explain that a family photograph can be kept at Nursery.

As you begin the countdown to the first day, here are some things to keep in mind:

#### During the two weeks before Nursery starts:

- Purchase a small rucksack together with your child. If possible, let your child choose it. Your child will need a change of clothes, including underwear and socks, which needs to be brought to Nursery at the start of every half term.
- Label all items.
- Figure out how your child will get to school and how your child will come home. Talk to your child about the morning and afternoon routine so that they understand that they will be safe, okay, and cared for.
- Start using your child's "school bedtime."

#### The night before Nursery:

- Answer any last-minute questions from your child.
- Let your child choose (weather and school-appropriate) clothes for their first day.
- Make sure that your child goes to bed on time.
- Pick a bedtime that gives your child a good night's rest before the first day. Keep the bedtime routine soothing and relaxing. Don't focus too much (or at all!) on the first day of Nursery unless your child wants to.

#### The first day:

- Wake up early enough so that you and your child don't have to rush to get to Nursery.
- Make breakfast for your child and, if possible, sit down to eat together—or at least talk with your child as they eat and you get ready.
- Review the day's routine (what nursery will be like, how your child will get to Nursery/come home).
- Pack your child's rucksack together. If your child is bringing lunch, select foods that you know are their favourites. Having some familiarity on the first day is helpful as your child adjusts to so many changes.
- Let your child choose a special stuffed animal or blanket to bring to Nursery. This can help children make the transition from home to school. Please send your child with a family photo. These familiar objects can help if your child feels lonely during the day.

#### Saying a goodbye

These strategies can ease the jitters of separating on your child's first day at Nursery.

#### Keep your tone positive and upbeat.

Children pick up on the reactions of the trusted adults in their lives. Try not to look worried or sad, and don't linger too long. Say a quick, upbeat good-bye and reassure your child that all will be well.

#### Think about creating a special goodbye routine.

For example, you can give your child a kiss on the palm to "hold" all day long. Or, the two of you can sing a special song together before you leave. Goodbye routines are comforting to children and help them understand and prepare for what will happen next.

#### Resist the rescue.

Try not to run back in to the building if you hear your child crying, as upsetting as this can be. This is a big change and your child may, quite understandably, feel sad and a little scared. But if you run back in, it sends the message that your child is only okay if you are there and it is likely to prolong your child's distress and make it harder for them to adapt. Rest assured, Nursery staff have had many years of experience with helping families make the shift to Nursery. Instead, you can wait outside the Nursery building for a few minutes to ensure that all is well, or call the school later in the morning to check in.

### Reading





It is crucial for children to develop a life-long love of reading. Reading consists of two dimensions: language comprehension and word reading. Language comprehension (necessary for both reading and writing) starts from birth. It only develops when adults talk with children about the world around them and the books (stories and non-fiction) they read with them, and enjoy rhymes, poems and songs together. Skilled word reading, taught later, involves both the speedy working out of the pronunciation of unfamiliar printed words (decoding) and the speedy recognition of familiar printed words.

3 and 4 year olds will learn to understand the five key concepts about print:

- print has meaning
- print can have different purposes
- we read English text from left to right and from top to bottom
- the names of the different parts of a book
- page sequencing

#### Ways to support your child

- Sing nursery rhymes every day as part of your daily routine (for example, at bath time)
- Share a book with your child every day and make this a special part of your day (for example, at bedtime)
- When reading to your child explain unfamiliar words to extend your child's vocabulary
- Visit the local library
- Point out print, such as the first letter of their name or a familiar logo
- After reading stories ask your child 'what' and 'why' questions such as, "What happened in the story?" and "Why do you think...?"

The most important thing to remember is to be present. Make your story and rhyme times a comfortable and calm experience. Snuggle up and make time for this part of the day.

### Phonics





When your child is ready we will introduce them to our Phonics programme. At Russell Street School we use the Read Write Inc approach. The children are given opportunities to expand their vocabulary through role-play, discussion, building sentences and using productive questioning. It places huge emphasis on developing children's love of reading through enticing story and poetry times.

In the last term of Nursery, children are taught to say the sounds of letters with the help of mnemonics, to blend the sounds into words and read simple 'blending books'. This gives them a flying start before going into the Reception class.

We teach phonics in the order listed on the following pages. Some children may learn whole words more easily and therefore we will adapt our approach to match your child.

To support your child learning phonics at home, Read Write Inc. home resources can be purchased for home use from Amazon or similar websites.



The following website also provides a wealth of materials for parents. <u>https://home.oxfordowl.co.uk/reading/reading-schemes-oxford-levels/read-write-inc-phonics-guide/</u>

Term	Meaning
CVC	A consonant-vowel-consonant word, such as <b>cat</b> , <b>pin</b> or <b>top</b> . You may also come across the abbreviation CCVC for consonant-consonant- vowel-consonant words such as <b>clap</b> and <b>from</b> . Also CVCC for words such as <b>mask</b> and <b>belt</b> .
Phoneme	Phonemes are the smallest unit of speech-sounds which make up a word. If you change a phoneme in a word, you would change its meaning. For example, there are three phonemes in the word <b>sit</b> /s/- /i/-/t/. If you change the phoneme /s/ for /f/, you have a new word, <b>fit</b> . If you change the phoneme /t/ in fit for a /sh/, you have a new word, <b>fish</b> - /f/-/i/-/sh/.
Grapheme	Graphemes are the written representation of sounds.

Children are taught to recognise sounds and to put them together ('sound blend' them) into words for reading. They are taught one way of representing the 44 main sounds of English first, and then go on to learn the alternative spellings later on.

When teaching your child letter sounds, it is important to remember to keep them very 'pure' and distinct, to help with sound-blending later on. If you are unsure how to pronounce pure sounds visit <u>phonics pure sounds video (oxfordowl.co.uk)</u> to hear the sounds. To enable your child to gain confidence in reading, they should only be asked to read words containing letter sounds they know securely.

#### Virtual Classroom

Links to videos from the Read Write Inc. virtual classroom will be sent out weekly via the KS1 weekly newsletters. The videos are designed to help you and your child practise the skills they are learning in school, together at home. For example, practising new letter sounds, reading or spelling words containing new sounds or writing simple sentences.





#### Sounds Set 1

(RWI Home Phonics Flashcards Set 1 - Green Box)

m-a-s-d-t-i-n-p-g-o-c-k-u-b-f-e-l-h-sh-r-j-v-y-w-th-z-ch-qu-xng-nk

#### Sounds Set 2

(RWI More Home Phonics Flashcards Set 2 - Yellow Box)

ay - ee - igh - ow - oo - oo - ar - or - air - ir - ou - oy

#### Sounds Set 3

(RWI More Home Phonics Flashcards Set 2 - Yellow Box)

a-e - ea - i-e - o-e - u-e - aw - are - ur - er - ow - ai - oa - ew - ire - ear - ure - tious - tion

The following record sheet can enable you to keep track of your child's progress in the phonics programme.

Mark with a tick when they can accurately say the correct letter sound when you show them the letter(s).

m	a	S	d
t	i	n	р
g	0	с	k
U	b	f	е
L	h	sh	r
J	v	У	w
Th	Z	ch	qu
X	ng	nk	

#### Sounds Set 1

#### Sounds Set 2

ay	say	ee	Meet
igh	night	ow	Snow
00	moon	00	Look
ar	park	or	Worn
air	pair	ir	first
OU	count	оу	toys

Speed Sound 1 / 2 (Already introduced)	Speed Sound 3 (Alternative spelling)	Example word
	(Anemanye spenng)	
ee	ea	seat
оу	oi	join
ay	a-e	name
igh	i-e	time
ow	о-е	home
00	u-e	tune
or	aw	saw
air	are	share
ir	er	after
ir	ur	turn
OU	ow	town
ay / a-e	ai	snail
ow / o-e	οα	boat
oo / u-e	ew	chew
	ire	hire
	ear	hear
	ure	sure
	tion	tradition
	cious	delicious
	tious	scrumptious



### Handwriting

By the end of year 2 children are now expected to know horizontal and diagonal strokes needed to join letters. Instead of teaching the children to write letters without these stokes in year R, then teach them a completely different method in year 1 (which can be very confusing for your child) at Russell Street School we teach the continuous cursive font from year R through to year 2.

Our font is as follows:

# abcdefghijklm nopqrstuvwxyz ABCDEFGHIJKLMN OPQRSTUVWXYZ

To prepare your child for writing in a cursive font we use a multi-sensory approach to teach them 'pre-writing' shapes, including top to bottom lines and circles. In Nursery, we use a program called 'WriteDance', which is an approach and a method that provides movement opportunities so children can develop the physical skills needed to develop their handwriting skills. The movement is driven by the music and the underlying principle is enjoyment to build confidence.



S JU 0 2 X ///// 10

### Writing





Writing develops alongside reading and handwriting.

Children:

- learn to write the letters/letter groups which represent the 44 sounds
- learn to write words by saying the sounds and graphemes
- learn to build sentences orally using adventurous vocabulary
- start with simple sentences and develop towards more complex ones by the end of the programme
- compose a range of texts using discussion prompts

Early writing and mark-making.

- 1. Making marks on paper.
- 2. Telling an adult that the marks mean something.
- 3. Beginning to write the letters in their own name.

#### Fine Motor Skills - Pre-Writing Activities

Before even making marks on paper, children need to develop their strength in their fingers and their fine motor control.



On the next page are exercises that strengthen the muscles in hands, wrists, arms and shoulders.

#### Pennies in a Jar

Picking up small objects and putting them into small holes actually requires a lot of coordination.



Threading beads



Sewing



#### Pegs in a Peg Board



**Using Tweezers** 



Play Dough



#### Tracing Lines

Pages where the children can follow lines not only improves fine motor skills but also gives children the chance to practise concentration.



A wealth of writing activities to inspire and engage your child can be found at <u>http://www.twinkl.co.uk</u> (EYFS writing)

### Maths

Your child will be taught maths in the EYFS at Russell Street School through a combination of Singapore & Montessori approaches. Both of these world class methods of teaching focus on a concrete-pictorial-abstract approach. Put very simply, we ensure your child understands what '6' actually is before expecting them to work with the numeral 6 without pictorial or practical support.

Concrete - 1 apple + 2 apples



and

You can support your child at home by using a range of normal household items to count. At school we will use a wide range of resources including using:

Dienes





Maths activities to help your child should be as practical as possible. Some super ideas can be found at:

http://nrich.maths.org/early-years and

https://www.topmarks.co.uk/Search.aspx?Subject=16&AgeGroup=1

### **Relationships and PSHE Education**





PSHE Education (Personal, Social, Health and Economic Education) is a planned programme of learning through which children and young people acquire the knowledge, understanding and skills they need to successfully manage their lives – now and in the future. As part of a whole-school approach, PSHE Education develops the qualities and attributes pupils need to thrive as individuals, family members and members of society. What do schools have to teach in PSHE Education? According to the National Curriculum, every school needs to have a broad and balanced curriculum that:

• promotes the spiritual, moral, social, cultural, mental and physical development of pupils at the school;

• prepares pupils at the school for the opportunities, responsibilities and experiences of later life;

• promotes British values.

#### What is Jigsaw, the mindful approach to PSHE, and how does it work?

Jigsaw is a whole-school approach and embodies a positive philosophy and creative teaching and learning activities to nurture children's development as compassionate and well-rounded human beings as well as building their capacity to learn. Jigsaw is a comprehensive and completely original PSHE Education programme (lesson plans and teaching resources) for the whole primary school from ages 3-11. Written by teachers and grounded in sound psychology, it also includes all the statutory requirements for Relationships and Health Education.

Jigsaw has two main aims for all children:

- To build their capacity for learning
- To equip them for life

Jigsaw brings together PSHE Education, compulsory Relationships and Health Education, emotional literacy, mindfulness, social skills and spiritual development.

It is designed as a whole school approach, with all year groups working on the same theme (Puzzle) at the same time at their own level. There are six Puzzles (half-term units of work) and

each year group is taught one lesson per week. All lessons are delivered in an age and stageappropriate way so that they meet children's needs.

#### What will Jigsaw teach my child?

The overview below summarises the content in each of Jigsaw's units of work (Puzzles):

**Being Me In My World** covers a wide range of topics, including a sense of belonging, welcoming others and being part of a school community, a wider community, and a global community; it also looks at children's rights and responsibilities, working and socialising with others, and pupil voice.

**Celebrating Difference** focuses on similarities and differences and teaches about diversity, such as disability, racism, power, friendships, and conflict; children learn to accept everyone's right to 'difference', and most year groups explore the concept of 'normality'. Anti-bullying is an important aspect of this Puzzle. Dreams and Goals aims to help children think about their hopes and dreams, their goals for success, what their personal strengths are, and how to overcome challenges, using team-work skills and tasks. There is also a focus on enterprise and fundraising. Children learn about experiencing and managing feelings of pride, ambition, disappointment, success; and they get to share their aspirations, the dreams and goals of others in different cultures/countries, and their dreams for their community and the world.

**Healthy Me** covers two main areas of health: Emotional/mental health (relaxation, being safe, friendships, mental health skills, body image, relationships with food, managing stress) and Physical health (eating a balanced diet, physical activity, rest and relaxation, keeping clean, drugs and alcohol, being safe, first aid). Most of the statutory content for Health Education (DfE) is contained within this Puzzle.

**Relationships** starts with building a respectful relationship with self and covers topics including families, friendships, pets and animals, and love and loss. A vital part of this Puzzle is about safeguarding and keeping children safe; this links to online safety and social networking. Children learn how to deal with conflict, build assertiveness skills, and identify their own strengths and strategies for building self-esteem and resilience. They explore roles and responsibilities in families and friendship groups, and consider stereotypes.

Changing Me deals with change of many types; in KS1 growing from young to old.

#### What else is included?

There are numerous additional aspects of the Jigsaw Programme to enhance the learning experience, including the Jigsaw Friends (jigsaw-shaped soft toys used as teaching aids), Jigsaw Chimes and Jigsaw Jerrie Cats (used to help and encourage calming and mindfulness practice). Every Jigsaw lesson includes mindfulness practice.

**Mindfulness** is being able to observe your own thoughts and feelings as they happen, in the present moment, applying no judgement. Jigsaw teaches children to understand their thoughts and feelings through the Calm Me time exercises (using the Jigsaw Chime) and Pause Points (using Jigsaw Jerrie Cat). This helps to develop their awareness, and their capacity to be mindful human beings. Learning is thus enhanced as emotions and behaviour are self-regulated.





### Useful APPS for EYFS Children

Hairy Letters Hairy Phonics 1, 2, 3 Twinkl Phonics – all phases Forest Phonics Nosy Crow Books My Story - CBeebies RM Easimaths Maths Age 4-6 Popmath Little Digits Bugs and Numbers Bee-Bot Daisy The Dinosaur



### Useful Websites for EYFS Parents

Book Trust- https://www.booktrust.org.uk/

Book Trust gets children and families reading with resources to support reading of all ages to develop the skills that will improve opportunities in life.

Communication Trust <u>www.thecommunicationtrust.org.uk</u>

EYFS <a href="http://www.thecommunicationtrust.org.uk/early-years/">http://www.thecommunicationtrust.org.uk/early-years/</a>

Small Talk - https://literacytrust.org.uk/policy-and-campaigns/home-learning-

environment/small-talk/

For parents of children aged 0-5 to show where children are likely to be with their communication at a certain age.

https://ican.org.uk/i-cans-talking-point/professionals/tct-resources/through-the-eyes-of-achild/

During the national year of communication, 2011, The Communication Trust produced 4 films to help parents encourage their children's communication development. Narrated by comedian Kathy Burke, the films are full of useful advice on how parents can encourage their child to talk and how they can interact with them. There are 4 films, divided into age group, for parents who have children up to the age of 3.

Families in the Foundation Years <u>www.foundationyears.org.uk/parents</u>

Outline of information available to parents to help in making choices and plans. Links are also provided to other websites to offer you more information if you need it. This site is designed to help you work your way through the information and support on offer to help your child get off to a great start in life.

katecairns.com <u>www.fivetothrive.org.uk/resources</u>

Five to thrive - Printed guides, posters, pop-up banners and a range of age-specific supplements are all available to support the implementation of five to thrive.

Literacy Trust <a href="http://www.literacytrust.org.uk/early\_years">http://www.literacytrust.org.uk/early\_years</a>

Early Words Together is a targeted, literacy peer education programme for families with children aged two to five that empowers parents to support their child's early learning.

National Numeracy <u>www.nationalnumeracy.org.uk</u>

http://www.nationalnumeracy.org.uk/what-do-we-offer-eys-primary

How does what parents say about maths affect their children?

https://blogs.glowscotland.org.uk/fa/NumeracyStrategy/tag/early-years/

Falkirk Council Education Services have created a video with some great suggestions for everyday maths activities.

Help Your Child With Numeracy - Age Range 3-7. Clear descriptions of the ways in which maths is taught in schools today, as well as examples of the kinds of calculations children will learn at different ages.

Parents in Touch <u>www.parentsintouch.co.uk</u>

How to help your under 5 year old. Resources to help with maths, phonics, handwriting and English.

Start4Life <u>www.nhs.uk/start4life</u>

Support throughout pregnancy and as your child grows. All the help and advice you need during pregnancy, birth and parenthood for mums, dads, family and friends.

Family Days Out https://www.dayoutwiththekids.co.uk/things-to-do/south-east-andlondon/buckinghamshire/milton-keynes

Early Years Foundation Stage Documentation https://www.gov.uk/early-years-foundation-stage http://www.foundationyears.org.uk/


# The Early Years Foundation Stage (EYFS) Curriculum



The EYFS curriculum is broken down into seven specific areas of learning:

- 1. Communication and language
- 2. Physical development
- 3. Personal, social and emotional development (PSE)
- 4. Literacy
- 5. Mathematics
- 6. Understanding the world
- 7. Expressive arts and design

Within each of these areas, there are specific Early Learning Goals – for example, in the case of Communication and language, these are Listening and attention, Understanding, and Speaking.



# A Typical EYFS Journey

The age bands used to judge the attainment and progress of your child are:

- 1. Birth to three
- 2. 3 and 4 years old: Nursery
- 3. 4 and 5 years old: Reception

If a child is demonstrating <u>a few / some of the elements of an age-band</u> (having shown competence in the previous age-band) this child is <u>entering</u> that age-band.

If a child is demonstrating <u>many</u> of the elements of an age-band, this child is <u>developing</u> within that age-band.

If a child is demonstrating most of the elements of an age-band, this child is <u>secure</u> in that age-band.

# **EYFS Curriculum and Assessment**

Our Reception Curriculum is supported by the Development Matters document which was relaunched in September 2020. Development Matters is broken down into three age descriptors; birth to three, three and four-year olds and four and five-year olds.

The level of development children should be expected to have attained by the end of the EYFS is defined by the Early Learning Goals. Assessment is ongoing throughout the EYFS, but **the official EYFS Profile for each child is completed in the final term of year R.** 

For each ELG, teachers must judge whether a child is:

 meeting the level of development expected at the end of the EYFS (expected); or

• not yet reaching this level (emerging)

The ELGs are based on typical child development at the age of 5, so most children are likely to meet the 'expected' level of development. They will have developed the key skills needed to make a good start in the next stage of their education.

The Early Learning Goals are detailed below and will support you in assessing where your children are. Please do remember that the descriptors below will only be used to support our overall judgements at the **end of Reception**.

# Early Learning Goals

## **Communication and Language**

## ELG: Listening, Attention and Understanding

### Children at the expected level of development will:

Listen attentively and respond to what they hear with relevant questions, comments and actions when being read to and during whole class discussions and small group interactions;
Make comments about what they have heard and ask questions to clarify their understanding;

- Hold conversation when engaged in back-and-forth exchanges with their teacher and peers.

## **ELG: Speaking**

## Children at the expected level of development will:

- Participate in small group, class and one-to-one discussions, offering their own ideas, using recently introduced vocabulary

- Offer explanations for why things might happen, making use of recently introduced vocabulary from stories, non-fiction, rhymes and poems when appropriate

- Express their ideas and feelings about their experiences using full sentences, including use of past, present and future tenses and making use of conjunctions, with modelling and support from their teacher.

## Personal, Social and Emotional Development

## **ELG: Self-Regulation**

## Children at the expected level of development will:

- Show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly;

- Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate;

- Give focused attention to what the teacher says, responding appropriately even when engaged in activity, and show an ability to follow instructions involving several ideas or actions.

## **ELG: Managing Self**

## Children at the expected level of development will:

- Be confident to try new activities and show independence, resilience and perseverance in the face of challenge;

- Explain the reasons for rules, know right from wrong and try to behave accordingly;

- Manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choice

## **ELG: Building Relationships**

#### Children at the expected level of development will:

- Work and play cooperatively and take turns with others;
- Form positive attachments to adults and friendships with peers;
- Show sensitivity to their own and to others' needs.

## **Physical Development**

#### **ELG: Gross Motor Skills**

#### Children at the expected level of development will:

-Negotiate space and obstacles safely, with consideration for themselves and others;--Demonstrate strength, balance and coordination when playing;

-Move energetically, such as running, jumping, dancing, hopping, skipping and climbing.

#### **ELG: Fine Motor Skills**

#### Children at the expected level of development will:

- Hold a pencil effectively in preparation for fluent writing
- using the tripod grip in almost all cases;
- Use a range of small tools, including scissors, paint brushes and cutlery;
- Begin to show accuracy and care when drawing.

## Literacy

#### **ELG: Comprehension**

#### Children at the expected level of development will:

- Demonstrate understanding of what has been read to them by retelling stories and narratives using their own words and recently introduced vocabulary;

- Anticipate – where appropriate – key events in stories;

- Use and understand recently introduced vocabulary during discussions about stories, nonfiction, rhymes and poems and during role-play.

#### **ELG: Word Reading**

#### Children at the expected level of development will:

- Say a sound for each letter in the alphabet and at least 10 digraphs;
- Read words consistent with their phonic knowledge by sound-blending;
- Read aloud simple sentences and books that are consistent with their phonic knowledge, including some common exception words.

#### **ELG: Writing**

#### Children at the expected level of development will:

- Write recognisable letters, most of which are correctly formed;
- Spell words by identifying sounds in them and representing the sounds with a letter or letters;
- Write simple phrases and sentences that can be read by others.

## **Mathematics**

#### **ELG: Number**

#### Children at the expected level of development will:

- Have a deep understanding of number to 10, including the composition of each number;

- Subitise (recognise quantities without counting) up to 5;

- Automatically recall (without reference to rhymes, counting or other aids) number bonds up to 5 (including subtraction facts) and some number bonds to 10, including double facts.

#### **ELG: Numerical Patterns**

#### Children at the expected level of development will:

- Verbally count beyond 20, recognising the pattern of the counting system;

- Compare quantities up to 10 in different contexts, recognising when one quantity is greater than, less than or the same as the other quantity;

- Explore and represent patterns within numbers up to 10, including evens and odds, double facts and how quantities can be distributed equally.

## **Understanding the World**

#### **ELG: Past and Present**

#### Children at the expected level of development will:

- Talk about the lives of the people around them and their roles in society;

- Know some similarities and differences between things in the past and now, drawing on their experiences and what has been read in class;

- Understand the past through settings, characters and events encountered in books read in class and storytelling.

## ELG: People, Culture and Communities

#### Children at the expected level of development will:

- Describe their immediate environment using knowledge from observation, discussion, stories, non-fiction texts and maps;

- Know some similarities and differences between different religious and cultural communities in this country, drawing on their experiences and what has been read in class;

- Explain some similarities and differences between life in this country and life in other countries, drawing on knowledge from stories, non-fiction texts and – when appropriate – maps.

## **ELG: The Natural World**

## Children at the expected level of development will:

- Explore the natural world around them, making observations and drawing pictures of animals and plants;

- Know some similarities and differences between the natural world around them and contrasting environments, drawing on their experiences and what has been read in class;

- Understand some important processes and changes in the natural world around them, including the seasons and changing states of matter.

## **Expressive Arts and Design**

## ELG: Creating with Materials

## Children at the expected level of development will:

- Safely use and explore a variety of materials, tools and techniques, experimenting with colour, design, texture, form and function;

- Share their creations, explaining the process they have used;

- Make use of props and materials when role playing characters in narratives and stories.

## ELG: Being Imaginative and Expressive

Children at the expected level of development will:

- Invent, adapt and recount narratives and stories with peers and their teacher;
- Sing a range of well-known nursery rhymes and songs;

-Perform songs, rhymes, poems and stories with others, and – when appropriate – try to move in time with music.

# Development Matters and Birth to 5 guidance

Development Matters sets out the pathways of children's development in broad ages and stages. We use Development Matters to support us in designing our curriculum. The document helps us to ensure that the curriculum we have designed supports the child in developing the skills to reach the next stage in their development. It is based around the seven areas of learning as with the Early Learning Goals.

We also use 'Birth to 5: non-statutory guidance', which was produced by the sector, for the sector, to support the introduction of the revised Statutory Framework for the Early Years Foundation Stage in England in 2021.

It is non-statutory guidance which we use to support the implementation of the Early Years Foundation Stage which sets out the legal requirements for delivering education for children from birth to 5 in England.

Building on previous non-statutory guidance for the EYFS, it has been updated to reflect the research evidence and meet the needs of practitioners today. It outlines the foundations of good practice and offers information and guidance for practitioners to consider how the Principles of the EYFS can be brought to life in the setting.

## Key Skills Overviews

The following pages will help you understand your child's development through their early years.

EYFS Key Skills Overview		
	nunication and Language	
Birth to three	Nursery: 3 and 4 year olds	Reception: 4 and 5 year olds
Turn towards familiar sounds. They are also startled by loud noises and accurately locate the source of a familiar person's voice, such as their key person or	Enjoy listening to longer stories and can remember much of what happens. Pay attention to more than one thing at a	Understand how to listen carefully and why listening is important
a parent.	time, which can be difficult.	Learn new vocabulary.
Gaze at faces, copying facial expressions and movements like sticking out their tongue.	Use a wider range of vocabulary. Understand a question or instruction	Use new vocabulary through the day
Make eye contact for longer periods. Watch someone's face as they talk.	that has two parts, such as: "Get your coat and wait at the door". Understand 'why'	Ask questions to find out more and to check they understand what has
Copy what adults do, taking 'turns' in conversations (through babbling) and activities.	questions, like: "Why do you think the caterpillar got so fat?"	been said to them. Articulate their ideas and thoughts in well-
Try to copy adult speech and lip movements. Enjoy singing, music and toys that make sounds.	Sing a large repertoire of songs. Knows many rhymes, be able to talk	formed sentences Connect one idea or
Recognise and are calmed by a familiar and friendly voice. Listen and respond to a simple instruction.	about familiar books, and be able to tell a long story Develop their communication, but may	action to another using a range of connectives. Describe events in
Make sounds to get attention in different ways (for example, crying when hungry or unhappy, making gurgling sounds, laughing, cooing or babbling). Babble, using sounds like 'baba', 'mamama'. Use gestures like waving and pointing to communicate.	continue to have problems with irregular tenses and plurals, such as 'runned' for 'ran', 'swimmed' for 'swam'. Develop their pronunciation but may have problems saying: - some sounds: r, j, th, ch, and sh - multi-syllabic	some detail. Use talk to help work out problems and organise thinking and activities, and to explain how things work and why they might happen
Reach or point to something they want while making sounds. Copy your gestures and words	words such as 'pterodactyl', 'planetarium' or 'hippopotamus'.	Develop social phrases. Engage in storytimes.
Constantly babble and use single words during play. Use	Use longer sentences of four to six words.	Listen to and talk about stories to build

intonation, pitch and changing	Be able to express a point	familiarity and
volume when 'talking'.	of view and to debate	understanding.
	when they disagree with	
Understand single words in	an adult or a friend, using	Retell the story, once
context – 'cup', 'milk', 'daddy'.	words as well as actions.	they have developed
Understand frequently used	Start a conversation with	a deep familiarity with
words such as 'all gone', 'no'	an adult or a friend and	the text; some as
and 'bye-bye'.	continue it for many turns.	exact repetition and
	Use talk to organise	some in their own
multi-syllabic words such as	themselves and their play:	words.
'banana' and 'compute	"Let's go on a bus you sit there I'll be the	Use new vocabulary
Listen to simple stories and	driver."	in different contexts
understand what is happening,	diver.	In different contexts
with the help of the pictures.		Listen carefully to
		rhymes and songs,
Identify familiar objects and		paying attention to
properties for practitioners when		how they sound.
they are described: for example:		,
'Katie's coat', 'blue car', 'shiny		Learn rhymes, poems
apple'. Understand and act on		and songs.
longer sentences like 'make		
teddy jump' or 'find your coat'.		Engage in non-fiction
		books.
Understand simple questions		
about 'who', 'what' and 'where'		Listen to and talk
(but generally not 'why').		about selected non-
		fiction to develop a
		deep familiarity with new knowledge and
		vocabulary.
		vocabolary.

Physical Development			
Birth to three	Nursery: 3 and 4 year olds	Reception: 4 and 5 year olds	
Lift their head while lying on their front.	Continue to develop their movement, balancing, riding (scooters, trikes and	Revise and refine the fundamental movement skills they have already	
Push their chest up with straight arms.	bikes) and ball skills. Go up steps and stairs, or	acquired: rolling - crawling - walking - jumping - running - hopping -	
Roll over: from front to back, then back to front.	climb up apparatus, using alternate feet. S	skipping – climbing	
Enjoy moving when outdoors and inside	Skip, hop, stand on one leg and hold a pose for a game like musical statues.	Progress towards a more fluent style of moving, with developing control and grace.	
Sit without support.	Use large-muscle	Develop the overall body	
Begin to crawl in different ways and directions.	and streamers, paint and make marks.	strength, co-ordination, balance and agility needed to engage	
Pull themselves upright and bouncing in preparation for walking	Start taking part in some group activities which they make up for	successfully with future physical education sessions and other physical disciplines including	
Reach out for objects as coordination develops.	themselves, or in teams.	dance, gymnastics, sport and swimming.	
Eat finger food and develop likes and dislikes.	Increasingly be able to use and remember sequences and patterns of movements which are	Develop their small motor skills so that they can use a range of tools	
Try a wider range of foods with different tastes and textures.	related to music and rhythm	competently, safely and confidently. Suggested tools: pencils for drawing	
Lift objects up to suck them. Pass things from one hand to the other.	Match their developing physical skills to tasks and activities in the setting. For example, they decide	and writing, paintbrushes, scissors, knives, forks and spoons.	
Let go of things and hand them to another person, or drop them	whether to crawl, walk or run across a plank, depending on its length and width.	Use their core muscle strength to achieve a good posture when sitting at a table or sitting on the floor.	
Gradually gain control of their whole body through continual practice of large movements, such as waving, kicking, rolling, crawling and	Choose the right resources to carry out their own plan. For example, choosing a spade to enlarge a small	Combine different movements with ease and fluency.	
walking. Clap and stamp to music.	hole they dug with a trowel.	Confidently and safely use a range of large and small apparatus indoors and	

Fit themselves into spaces, like tunnels, dens and large boxes, and move around in them.Collaborate with others to manage large items, such as moving a long plank safely, carrying large hollow blocks.outside, alone and in a group. Develop overall body-strength, balance, co-ordination and agility.			
Enjoy starling to kick, mrow and catch balls, build independently with a range of appropriate resources.Use one-handed tools and equipment, for example, making snips in paper with scissors.Further develop dna felline a range of ball skills including: throwing, catching, kicking, passing, batting, and aiming.Begin to walk independently - choosing appropriate propor to support at first.Use one-handed tools and equipment, for example, making snips in paper with good control when holding pens and pencils.Develop confidence, competence, precision and accuracy when engaging in activities that involve a ball.Walk, run, jump and climb - and start to use the stairs independently.Start eating independently and learning how to use a knife and fork.Develop confidence, competence, precision and accuracy when engaging in activities that involve a ball.As soon as children are able, encourage 'active travel' to and from the setting - for example, tyre swings().Start eating independent as they get gre example, putting coats on and doing up zips.Develop the foundations of a handwriting style which is fast, accurate and different factors that support their owerall health and wellbeing: regular physical activity and pour drinks.Show an increasing desire to be independently, for example mange buttons and zips, and pour drinks.Develop the skills the toilet, washing and drying their hands the toilet, washing and drying their hands the toilet, washing and drying their handsUse large and small motor skills to d things independently, for example mange buttons and zips, and toothbrushingDevelop the skills the toilet,	like tunnels, dens and large boxes, and move around in them. Enjoy starting to kick, throw and catch balls. Build independently with a range of appropriate resources. Begin to walk independently – choosing appropriate props to support at first. Walk, run, jump and climb – and start to use the stairs independently. As soon as children are able, encourage 'active travel' to and from the setting – for example, walking, scooter or bike. Spin, roll and independently use ropes and swings (for example, tyre swings). Sit on a push-along wheeled toy, use a scooter or ride a tricycle. Develop manipulation and control. Explore different materials and tools. Use large and small motor skills to do things independently, for example manage buttons and zips, and pour drinks. Show an increasing desire to be independent, such as wanting to feed themselves and dress or undress Learn to use the toilet with help, and then	<ul> <li>manage large items, such as moving a long plank safely, carrying large hollow blocks.</li> <li>Use one-handed tools and equipment, for example, making snips in paper with scissors. Use a comfortable grip with good control when holding pens and pencils.</li> <li>Start eating independently and learning how to use a knife and fork.</li> <li>Show a preference for a dominant hand.</li> <li>Be increasingly independent as they get dressed and undressed, for example, putting coats on and doing up zips.</li> <li>Be increasingly independent in meeting their own care needs, e.g. brushing teeth, using the toilet, washing and drying their hands thoroughly.</li> <li>Make healthy choices about food, drink, activity</li> </ul>	group. Develop overall body-strength, balance, co-ordination and agility. Further develop and refine a range of ball skills including: throwing, catching, kicking, passing, batting, and aiming. Develop confidence, competence, precision and accuracy when engaging in activities that involve a ball. Develop the foundations of a handwriting style which is fast, accurate and efficient. Know and talk about the different factors that support their overall health and wellbeing: regular physical activity healthy eating toothbrushing sensible amounts of 'screen time' having a good sleep routine being a safe pedestrian Further develop the skills they need to manage the school day successfully: lining up and queuing mealtimes

Literacy			
Birth to three	Nursery: 3 and 4 year olds	Reception: 4 and 5 year olds	
Enjoy songs and rhymes, tuning in and paying attention.	Understand the five key concepts about	Read individual letters by saying the sounds for them.	
Join in with songs and rhymes, copying sounds, rhythms, tunes and tempo. Say some of the words in songs	print: - print has meaning - print can have different purposes - we read English text from left to right and	Blend sounds into words, so that they can read short words made up of known letter– sound correspondences.	
and rhymes. Copy finger movements and other gestures.	from top to bottom - the names of the different parts of a book	Read some letter groups that each represent one sound and say sounds for them.	
Sing songs and say rhymes independently, for example, singing whilst playing. Enjoy sharing books with an	-page sequencing Develop their phonological awareness, so that	Read a few common exception words matched to the school's phonic programme.	
adult. Pay attention and respond to the pictures or the words.	they can: - spot and suggest rhymes	Read simple phrases and sentences made up of words with known letter-	
Have favourite books and seek them out, to share with an adult, with another child, or to look at alone.	<ul> <li>count or clap</li> <li>syllables in a word –</li> <li>recognise words with</li> <li>the same initial sound,</li> </ul>	sound correspondences and, where necessary, a few exception words. Re-read these books to	
Repeat words and phrases from familiar stories.	such as money and mother	build up their confidence in word reading, their	
Ask questions about the book. Make comments and shares	Engage in extended conversations about stories, learning new	fluency and their understanding and enjoyment.	
their own ideas. Develop play around favourite	vocabulary.	Form lower-case and capital letters correctly.	
stories using props. Notice some print, such as the first letter of their name, a bus or door number, or a familiar	Use some of their print and letter knowledge in their early writing. For example: writing a pretend shopping list	Spell words by identifying the sounds and then writing the sound with letter/s	
logo. Enjoy drawing freely.	that starts at the top of the page; writing 'm' for mummy	Write short sentences with words with known sound- letter correspondences	
Add some marks to their drawings, which they give meaning to. For example:	Write some or all of their name.	letter correspondences using a capital letter and full stop.	
"That says mummy." Make marks on their picture to stand for their name.	Write some letters accurately	Re-read what they have written to check that it makes sense.	

	Mathematics		
Birth to three	Nursery: 3 and 4 year olds	Reception: 4 and 5 year olds	
Combine objects like	Develop fast recognition of up	Count objects,	
stacking blocks and cups.	to 3 objects, without having to	actions and sounds.	
Put objects inside others	count them individually		
and take them out again.	('subitising').	Subitise. Show small	
		quantities in familiar	
Take part in finger rhymes	Recite numbers past 5.	patterns (for	
with numbers.		example, dice) and	
	Say one number for each item	random	
React to changes of amount	in order: 1,2,3,4,5.	arrangements.	
in a group of up to three			
items.	Know that the last number	Link the number	
	reached when counting a	symbol (numeral)	
Compare amounts, saying	small set of objects tells you	with its cardinal	
'lots', 'more' or 'same'.	how many there are in total	number value.	
	('cardinal principle').		
Develop counting-like		Count beyond ten.	
behaviour, such as making	Show 'finger numbers' up to 5.		
sounds, pointing or saying		Compare numbers.	
some numbers in sequence.	Link numerals and amounts: for		
	example, showing the right	Understand the 'one	
Count in everyday contexts,	number of objects to match	more than/one less	
sometimes skipping numbers -	the numeral, up to 5.	than' relationship	
'1-2-3-5.'		between	
	Experiment with their own	consecutive	
Climb and squeeze	symbols and marks as well as	numbers.	
themselves into different	numerals.	Evolara tha	
types of spaces.	Solve real world mathematical	Explore the	
Puild with a range of	problems with numbers up to 5.	composition of numbers to 10.	
Build with a range of resources.	problems with normbers op to 5.	nombers to to.	
Tesoorces.	Compare quantities using	Automatically recall	
Complete inset puzzles.	language: 'more than', 'fewer	number bonds for	
Compare sizes, weights etc.	than'.	numbers 0–10.	
using gesture and language -	Talk about and explore 2D and		
'bigger/little/smaller',	3D shapes (for example,	Select, rotate and	
'high/low', 'tall', 'heavy'.	circles, rectangles, triangles	manipulate shapes	
	and cuboids) using informal	in order to develop	
Notice patterns and arrange	and mathematical language:	spatial reasoning	
things in patterns.	'sides', 'corners'; 'straight',	skills.	
.9 1	'flat', 'round'.		
	,	Compose and	
	Understand position through	decompose shapes	
	words alone – for example,	so that children	
	"The bag is under the table," –	recognise a shape	
	with no pointing.	can have other	

Describe a familiar route.	shapes within it, just as numbers can.
Discuss routes and locations, using words like 'in front of' and 'behind'.	Continue, copy and create repeating patterns.
Make comparisons between objects relating to size, length, weight and capacity.	Compare length, weight and capacity.
Select shapes appropriately: flat surfaces for building, a triangular prism for a roof etc.	
Combine shapes to make new ones - an arch, a bigger triangle etc.	
Talk about and identify the patterns around them. For example: stripes on clothes, designs on rugs and wallpaper. Use informal language like 'pointy', 'spotty', 'blobs' etc.	
Extend and create ABAB patterns – stick, leaf, stick, leaf.	
Notice and correct an error in a repeating pattern.	
Begin to describe a sequence of events, real or fictional, using words such as 'first', 'then'	

Understanding the world.			
Birth to three			
Repeat actions that have an	Use all their senses in handson exploration of natural materials.	Talk about members of their immediate family and community.	
effect. Explore	Explore collections of materials with similar and/or different properties.	Name and describe people who are familiar to them.	
materials with different properties.	Talk about what they see, using a wide vocabulary.	Comment on images of familiar situations in the past.	
Explore natural materials, indoors and outside.	Begin to make sense of their own life-story and family's history.	Compare and contrast characters from stories, including figures from the past.	
Explore and respond to	Show interest in different occupations.	Draw information from a simple map.	
different natural	Explore how things work.	Understand that some places are special to members of	
phenomena in their setting and on trips.	Plant seeds and care for growing plants.	their community. Recognise that people have	
Make connections	Understand the key features of the life cycle of a plant and an animal.	different beliefs and celebrate special times in different ways.	
between the features of their family and other families.	Begin to understand the need to respect and care for the natural environment and all living things	Recognise some similarities and differences between life in this country and life in other countries.	
Notice differences	Explore and talk about different forces they can feel.	Explore the natural world around them.	
between people.	Talk about the differences between materials and	Describe what they see, hear and feel whilst outside.	
	changes they notice. Continue developing positive	Recognise some environments that are different to the one in which they live.	
	attitudes about the differences between people.	Understand the effect of	
	Know that there are different countries in the world and talk about the differences they have experienced or seen in photos.	changing seasons on the natural world around them.	
	photos.		

Expressive Art and Design		
Birth to three	Nursery: 3 and 4 year olds	Reception: 4 and 5 year olds
Show attention to sounds and music.	Take part in simple pretend play, using an object to represent	Explore, use and refine a variety of artistic effects to
Respond emotionally and physically to music when it changes.	something else even though they are not similar.	express their ideas and feelings.
Move and dance to music.	Begin to develop complex stories using small world	Return to and build on their previous learning,
Anticipate phrases and actions in rhymes and songs, like 'Peepo'.	equipment like animal sets, dolls and dolls houses etc.	refining ideas and developing their ability to
Explore their voices and enjoy making sounds.	Make imaginative and complex 'small worlds'	represent them. Create
Join in with songs and rhymes, making some sounds.	with blocks and construction kits, such as a city with different buildings	collaboratively, sharing ideas, resources and
Make rhythmical and repetitive sounds.	and a park. Explore different materials	skills Listen attentively,
Explore a range of sound makers and instruments and play them in different ways.	freely, in order to develop their ideas about how to use them and what to make.	move to and talk about music, expressing their feelings and
Notice patterns with strong contrasts and be attracted by patterns resembling the human face.	Develop their own ideas and then decide which materials to use to express them.	responses. Watch and talk about dance and performance art,
Start to make marks intentionally. Explore paint, using fingers and	Join different materials and explore different	expressing their feelings and responses.
other parts of their bodies as well as brushes and other tools.	textures. Create closed shapes with	Sing in a group or on their own,
Express ideas and feelings through making marks, and sometimes give a meaning to the marks they make.	continuous lines, and begin to use these shapes to represent objects. Draw with increasing	increasingly matching the pitch and following the melody.
Enjoy and take part in action songs, such as 'Twinkle, Twinkle Little Star'.	complexity and detail, such as representing a face with a circle and including details.	Develop storylines in their pretend play.

Start to develop pretend play, pretending that one object represents another. For example, a child holds a wooden block to her ear and pretends it's a phone.	Use drawing to represent ideas like movement or loud noises. Show different emotions in their drawings and	Explore and engage in music making and dance, performing solo or in groups.
Explore different materials, using all their senses to investigate them. Manipulate and play with different materials.	paintings, like happiness, sadness, fear etc. Explore colour and colourmixing.	
Use their imagination as they consider what they can do with different materials. Make simple models which	Show different emotions in their drawings – happiness, sadness, fear etc Listen with increased attention to sounds.	
express their ideas.	Respond to what they have heard, expressing their thoughts and feelings.	
	Remember and sing entire songs.	
	Sing the pitch of a tone sung by another person ('pitch match'). Sing the melodic shape (moving melody, such as up and down, down and up) of familiar songs.	
	Create their own songs, or improvise a song around one they know	
	Play instruments with increasing control to express their feelings and ideas.	

Personal, Social and Emotional Development		
Birth to three	Nursery: 3 and 4 year olds	Reception: 4 and 5 year olds
Find ways to calm themselves,	Select and use activities	See themselves as a
through being calmed and	and resources, with help	valuable individual.
comforted by their key person	when needed. This helps	
	them to achieve a goal	Build constructive and
Establish their sense of self.	they have chosen, or	respectful relationships.
	one which is suggested	
Express preferences and decisions.	to them.	Express their feelings and
They also try new things and start		consider the feelings of
establishing their autonomy.	Develop their sense of responsibility and	others.
Engage with others through	membership of a	Show resilience and
gestures, gaze and talk	community.	perseverance in the
		face of challenge.
Use that engagement to achieve	Become more outgoing	
a goal. For example, gesture	with unfamiliar people, in	Identify and moderate
towards their cup to say they want	the safe context of their	their own feelings socially
a drink.	setting.	and emotionally.
Find ways of managing transitions,	Show more confidence	Think about the
for example from their parent to	in new social situations.	perspectives of others.
their key person.		
,	Play with one or more	Manage their own
Thrive as they develop self	other children, extending	needs.
assurance.	and elaborating play	
	ideas.	
Look back as they crawl or walk		
away from their key person. Look	Find solutions to conflicts	
for clues about how to respond to	and rivalries. For	
something interesting.	example, accepting that	
	not everyone can be	
Play with increasing confidence	Spider-Man in the game,	
on their own and with other	and suggesting other	
children, because they know their	ideas.	
key person is nearby and		
available.	Increasingly follow rules,	
	understanding why they	
Feel confident when taken out	are important.	
around the local neighbourhood,	Remember rules without	
and enjoy exploring new places	needing an adult to	
with their key person	remind them	
Feel strong enough to express a	Develop appropriate	
range of emotions.	ways of being assertive.	
Grow in independence, rejecting	Talk with others to solve	
help ("me do it"). Sometimes this	conflicts.	

<ul> <li>leads to feelings of frustration and tantrums.</li> <li>Begin to show 'effortful control'.</li> <li>For example, waiting for a turn and resisting the strong impulse to grab what they want or push their way to the front.</li> <li>Be increasingly able to talk about and manage their emotions.</li> <li>Notice and ask questions about differences, such as skin colour, types of hair, gender, special needs and disabilities, and so on.</li> <li>Develop friendships with other children.</li> <li>Safely explore emotions beyond their normal range through play and stories.</li> <li>Talk about their feelings in more elaborated ways: "I'm sad because" or "I love it when".</li> </ul>	Talk about their feelings using words like 'happy', 'sad', 'angry' or 'worried'. Understand gradually how others might be feeling.	
--	--	--

